

KING COUNTY 4-H SUPER SATURDAY
Saturday, November 15, 2003
WSU King County Cooperative Extension Building

Mail Registration Form to (postmark by Nov. 6):

Genie Charvet, 20325 124th Ave SE, Kent, WA 98031.

Call (253) 520 5924 if you have questions about registration.

4-H Leader Certification Classes are in italics and are required for New Leaders within one year of becoming a leader or if you haven't taken the classes within the last 3 years.

* We will be collecting non-perishable food for a local food bank, so bring a donation if you can.

8:00 – 8:45 a.m. On-site registration and check-in for those preregistered.

**** Please arrive early so 1st session workshops are not disrupted by latecomers. ****

SESSION 1: 9:00 – 10:15 a.m. (Followed by break and travel time 10:15-10:30.)

1A	<i>4-H Volunteer Orientation Basics (Part 1)</i> <i>(Leader certification class)</i>	<i>Training in the 4-H goals, history, mission, life skills, curriculum, delivery modes, application, enrollment, leader helps, expectations and opportunities. Continued during session 2A. Must take both sessions 1A and 2A.</i>
1B	Thanksgiving Crafts	Gobble, Gobble, it is time to celebrate one of our country's favorite holidays... Thanksgiving! String a Beaded Necklace to wear or give as a gift. Make a Pilgrim Door Decoration to welcome guests. Use colored markers to make a Thanksgiving bookmark. Learn a funny little poem that you can share at the Thanksgiving table. Taught by Lorinda Grant. All ages. Limit of 24 participants.
1C	4-H Archery: Equipment and Development	Nine steps to the ten ring. Learn the basics of archery and what you need to prepare for the county fair. Taught by Jerry Pfeiffer.
1D	Basic Cat Physiology	Learn about basic cat physiology. Presented by Linda Kurtenbach from the Royal Canin Cat Food Company.
1E	Pasta Making	Have you ever wondered how pasta is made or about the wide variety of grains that can be used to make pasta? This class will show you how to make basic pasta. Only first 15 to register for this session will be able to participate in making pasta, but later registrants may watch. Taught by Jim Olsen.
1F	Basic Dog Obedience	For the beginner, this class will assist you in basic commands of dog training and make working with your dog a pleasure. Learn from an expert! Taught by Maureen Arseneau.
1H	Beyond the Basics for Rabbits	For those ready to take the next step beyond rabbit basics. For second year 4-Her's and up. Taught by Sarah Cleavenger
1J	Victorian Paper Beads	Learn how to make simple fun beads out of scrap paper. Suggested for ages 9 and up. Limit 20 people. Taught by Suzanne and Elizabeth Nilsen.
1K	Basic Cavies	For the beginner 4-Her; you will learn all about breeds, supplies and nutrition for your cavy.
1L	GIS/GPS Technology - Gee Whiz! (Part 1)	Learn about the potential for using Geographical Information Systems and Global Position Satellites to teach youth about the world around them and technology. Come and see where you stand in the world. The workshop will take place over 2 morning sessions (must take both sessions 1L and 2K).

SESSION 2: 10:30 – 11:30 a.m. (Followed by lunch and travel time 11:30-12:30.)

2A	<i>4H Volunteer Orientation Basics (Part 2)</i>	Continuation of same class (Part 1) offered in first session. Must take both sessions 1A and 2A.
2B	<i>4-H Record Books (Leader certification class)</i>	Learn how to put together a blue ribbon 4-H Record Book. We will have a question and answer time at the end of this class. For 4-H members & leaders.
2C	Introduction to Butterflies	Studying and collecting butterflies is fun. Learn the difference between butterflies and moths, common butterflies in our area, how to find butterflies and chrysalides, and how to raise them at home. Ages 8 and older, unless accompanied by adult. Taught by Philip Charvet.
2D	Cat Colors and Patterns	Learn about cat colors and patterns. Taught by Susan Gormley.
2E	Poultry Knowledge Games	Expand your knowledge of poultry management and related subjects through Bingo, Go Fish, Tag, Q & A, and more. Bring: 1 small package Skittles & M&Ms for our prize pool.
2F	Advanced Dog Obedience	For the more experienced 4-H member. This class will go over obedience competition at higher levels, including tips of the trade.
2G	Gift Mixes in a Jar	Mixes in a jar can make wonderful, fun, inexpensive gifts. Find out about the many types of mixes you can make (not limited to food only), how to make them in layers, and ideas for decorating your jars. Make a mix in a jar to take home. Taught by Genie Charvet.
2H	Rabbits: Beginner Basics	For the beginner member, learn important facts about your rabbit. Basic handling will be covered as well. Taught by Stephanie Vander Heyden.
2J	Juno: How a Dog Leads a Blind Person	Come learn how the blind person learns to work with their dog. You will be blindfolded and led through a short obstacle course!!! Taught by Barb Baguhn.
2K	GIS/GPS Technology - Gee Whiz! (Part 2)	Continuation of Session 1 (must take both sessions 1L and 2K). See Session 1L for description of class.

LUNCH: 11:30 - 12:30 The "City Deli" in our building will be open for lunches or you can bring a sack lunch. Each club or family is asked to bring cookies to share. Session 3 will start promptly, so please return on time from lunch.

SESSION 3: 12:30 – 1:45 p.m (Followed by break and travel time from 1:45-2:00 p.m.)

3A	<i>Judging</i>	Life skills and a leadership requirement all in one. Learn how to make and state your choices. This activity used in all projects and is a Fair activity.
3B	<i>Perfect Presentations</i>	Watch a Public Presentation and learn step by step how it was created. Review the evaluation sheet to find out what judges look for. Learn visual aid ideas, ways to eliminate the need for note cards and tips on how to reduce stage fright. For 4-H members & leaders. Taught by Dianne Heath.
3C	Christmas Crafts	Oh Christmas Tree, Oh Christmas Tree, how lovely are thy branches. Make a sparkly and bright Christmas "Tree" Ornament. Color a Fuzzy Greeting Card to keep or give away. Make an adorable Snowman Greeting Card Pouch for a decoration and to keep your holiday cards in one place. Take home some very

		important safety tips to keep your Christmas tree green and bright all though the Holiday season. Taught by Lorinda Grant. Limited to 24 participants.
3D	Are You Ready?	Everything you will need to know about getting ready and being prepared for a 4-H cat show. We will teach you basic grooming and bathing. What equipment you will need and items that are optional. And tips on cage decorating.
3E	Poultry Judging Clinic (Part 1)	Exterior Eggs, Carton Eggs, Broiler Parts, Production Hens, Dressed Fryers, and/or Breaded Nuggets or Patties. Bring: pencil & notebook, 4-H judging manual or \$3.50 to purchase new green covered one while supplies last. (Must take session 3E and 4E).
3F	Advanced Dog Fit and Show	For the more experienced 4-H member. Learn fit and show techniques to smooth out the rough spots and make you feel like a champion!
3G	Agriculture Fun: Soil and Crops, Posters and Demos	Have fun knowing soil and crop production in Washington!! You will learn by doing activities with different soils, how acidic or basic the soils are, and how it affects in crop production. Youth will learn to make posters and demonstration. Come and make your own poster! Materials will be provided. Limited to 20.
3H	Grooming Rabbits	Learn how to clip your rabbit's nails, clean it's vents and make it's coat look perfect for it's next show. Beginner level.
3J	Pasta Making	Have you ever wondered how pasta is made or about the wide variety of grains that can be used to make pasta? This class will show you how to make basic pasta. Only first 15 to register will be able to participate in making pasta , but later registrants may watch. Taught by Jim Olsen. (Repeat of Session 1E).
3K	Beyond Butterfly Basics	Learn to identify common butterflies in Washington by examining actual specimens and learn how to pin and/or preserve butterflies. Make a foam spreading board and pin a butterfly to take home. Limited to 20 participants. For 3 rd grade and older. Taught by Philip Charvet.

SESSION 4: 2:00 – 3:00 p.m.

4A	<i>"What I meant to say---"</i> <i>Conflict Resolution Basics</i> <i>(Leader certification class)</i>	Knowing how we relate to people verbally and non-verbally can make all the difference in effective conflict resolution. This workshop will focus on effective communication to defuse difficult situations
4B	<i>Risk Management</i>	Review all the issues concerning liability management: Insurance, child abuse and more. All the fun stuff the State program tells us we must know!
4C	Weaving Mug Rugs	Weaving is fun and does not require expensive equipment. Weave a mug rug (coaster) on a simple cardboard loom you can take home. These make great gifts. Taught by Rhonda Reynolds and Genie Charvet.
4D	Getting Ready for Cat Shows	This will be a discussion on what equipment you need for showing your cat, preparing the cat for show, what to expect when you get to the show and what your class options are. This class is for beginners.
4E	Poultry Judging Clinic (Part 2)	Continuation of Session 2 (must take both 3E and 4E). See Session 3E for description of class.
4F	Basic Dog Fit and Show	For the beginner, proper grooming, showing a bite, and ring patterns will be demonstrated. This is a must for the first year 4-H member.
4G	4H Cavy Showing	Learn all about basic showing. We will discuss basic fit and show techniques, grooming and the opportunities for 4-H members. For beginners & intermediates.
4H	Advanced Rabbit Knowledge	Learn about the various diseases that can affect your rabbit herd. For Intermediate and Seniors who want to know more about diseases. Taught by Monica Fredrickson
4J	Learn About Blindness	Learn the different types of disease that cause blindness. Try on goggles that show what a blind person sees with the type of vision that they have!!! Taught by Barb Baguhn.
4K	Learning Can Be Fun	Fun, educational, hands-on ways to incorporate learning life skills, plus

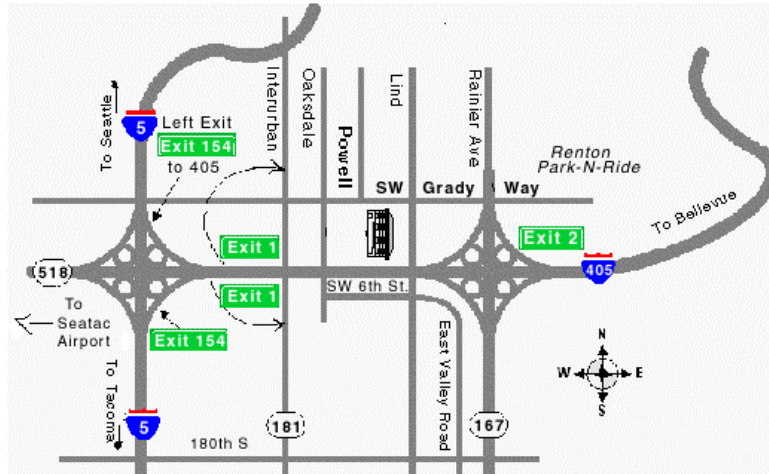
		information about your project and 4-H into your club meetings. Taught by Dianne Heath.
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Directions to:
WSU King County Cooperative Extension
919 SW Grady Way, Suite 120, in Renton.

Directions

WSU King County Cooperative Extension is located at **919 SW Grady Way, Suite 120, in Renton**. Free parking is available.

We are on the ground floor. Enter through the main doors at center of the building. Registration will take place in the main lobby area. To reach us by phone call 206-205-3152.



From I-5 (Heading North)

Take Exit #154 -- Burien/Renton
Follow to North 405 - Renton/Bellevue (right hand lane)
Take Exit #1 -- Tukwila/West Valley Hwy
Turn left at stoplight onto Interurban
Stay in right hand lane to next stoplight -- turn right onto SW Grady Way
Follow SW Grady Way to Powell -- turn right into parking lot

From I-5 (Heading South)

Take Left Exit #154 to Interstate 405 ("to Renton, Bellevue")
Take Exit #1 (far right hand lane), (Tukwila/West Valley Hwy)
Turn left at stoplight onto Interurban
Stay in right lane to next stoplight -- turn right onto SW Grady
Follow SW Grady Way to Powell -- turn right into parking lot

From I-405 (Heading North)

Take Exit #1 -- Tukwila/West Valley Hwy
Turn left at stoplight onto Interurban
Stay in right hand lane to next stoplight -- turn right onto SW Grady Way
Follow SW Grady Way to Powell -- turn right into parking lot

From I-405 (Heading South)

Take Exit #1 Tukwila/West Valley Hwy
Turn right at stoplight onto Interurban
Turn left at next stoplight onto SW Grady Way
Follow SW Grady Way to Powell -- turn right into parking lot

From SR-167 (Heading West)

Follow to end of freeway
Turn left at first stoplight onto SW Grady Way
Follow SW Grady Way to Powell -- turn left into parking lot

From SeaTac Airport (Heading East)

Follow the SeaTac Airport signs "To Freeways"
Exit to the right (eastbound) to Hwy 518
Follow the signs to I-405 (Renton, Bellevue)
Take Exit #1 (far right lane), just past South Center Mall-- (Tukwila/West Vly Hwy)
Turn left at stoplight onto Interurban
Stay in right lane to next stoplight -- turn right onto SW Grady
Follow SW Grady Way to Powell -- turn right into parking

FALL 2003 4-H SUPER SATURDAY REGISTRATION

Parent's Name _____ Leader Name _____

Home Phone () _____ Club _____

DEADLINE FOR PRE-REGISTRATION DISCOUNT: Postmark by Thursday, November 6.
Limited Space classes will be filled in the order registrations are received.

Send Registration to: Genie Charvet, 20325 124th Ave, Kent, WA 98031. Phone 253 520 5924
if you have questions about registration.

Directions: Fill in 1st and 2nd Class Choices. If no 2nd choice is listed or if both choices are full, we will assign you to a class that has space. *(Adults: Interested in being an event monitor? An event monitor is an adult willing to help keep things flowing safely and smoothly. Bring a book, we'll provide the chair and instructions. Indicate which sessions you would like to do this below.)*

Name _____ Grade _____ or ADULT (Circle)

	9:00	10:10	12:50	2:30
1 st Choice				
2 nd Choice				

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1 st Choice				
2 nd Choice				

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	9:00	10:10	12:50	2:30
1 st Choice				
2 nd Choice				

(list additional registrations on back of this page)

Early Bird Cost: \$4.00 per person, \$7.00 per family if postmarked by November 6.

Walk-in Registration Cost: \$8.00 per person, \$14.00 per family. Do not mail registrations after November 6 (they must be processed on walk-in basis.)

Volunteer Training Registration: Those taking required Leader's Ed. Volunteer Training classes attend free.

Note: All youth need to have a responsible adult on-site while they are in attendance. We ask that each adult be responsible for no more than 6 youth. If you require special accommodation, call Carey Roos at (206) 205-3152 by November 6.

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1 st Choice				
2 nd Choice				

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